
**UNH
LIVE FREE
OR RIDE HARDER**

**SUNDAY
APRIL 17, 2011
STRAFFORD, NH
HELD UNDER USA CYCLING EVENT PERMIT**



COLLEGIATE CATEGORIES ARE OPEN ONLY TO FULL TIME STUDENTS WITH VALID USAC COLLEGIATE LICENSES. NEW NON-COLLEGIATE WOMEN RACERS WITH 1-DAY OR FIRST TIME CATEGORY 4 LICENSES MAY ENTER COLLEGIATE WOMEN'S INTRO CATEGORY. USA CYCLING COLLEGIATE & GENERAL YEARLY AND 1-DAY LICENSES AVAILABLE FOR SALE ON SITE.

PRE-REGISTRATION IS AVAILABLE ON-LINE AT BIKEREG.COM, WHERE SERVICE CHARGES MIGHT APPLY. REGISTRATIONS NOT RECEIVED BEFORE 10:00 PM ON APRIL 14, 2011 WILL INCUR A \$5 PER RIDER PER EVENT LATE FEE. LARGE ECCC TEAMS MAY SUBMIT A SPREADSHEET WITH THE FOLLOWING INFORMATION: RIDER NAME, USAC LICENSE NUMBER, RACE CATEGORY AND RACES BEING ENTERED FOR EACH RIDER. THIS SPREADSHEET MUST BE RECEIVED BY 10:00 PM ON APRIL 14, 2011 SENT TO MATT HOLUB AT MRV57@UNH.EDU IN ORDER TO AVOID A \$5 LATE REGISTRATION FEE PER RIDER PER EVENT.

REGISTRATION IS LOCATED AT THE REGISTRATION TENT NEAR THE FINISH OF THE TEAM TIME TRIAL. IT OPENS 1 HOUR BEFORE THE START OF THE FIRST SCHEDULED RACE AND ENDS 15 MINUTES BEFORE THE START OF EACH RACE.

PROMOTER IS NOT REQUIRED TO REFUND PRE-REGISTRATION IN AN EVENT OF AN UNFORESEEN CANCELLATION.

MEDICAL: STRAFFORD AMBULANCE AVAILABLE WITH SERVICE TO WENTWORTH-DOUGLASS HOSPITAL IN DOVER, NH AND TO FRISBIE MEMORIAL HOSPITAL IN ROCHESTER, NH.

**WENTWORTH DOUGLASS HOSPITAL
789 CENTRAL AVE, DOVER, NH 03820
603-742-5252**

**FRISBIE MEMORIAL HOSPITAL
11 WHITEHALL RD, ROCHESTER, NH 03867
603-332-5211**

**ECCC Host Housing: CONTACT THE ECCC
HOST HOUSING COORDINATOR FOR INFORMATION ON
AVAILABLE HOST HOUSING.**

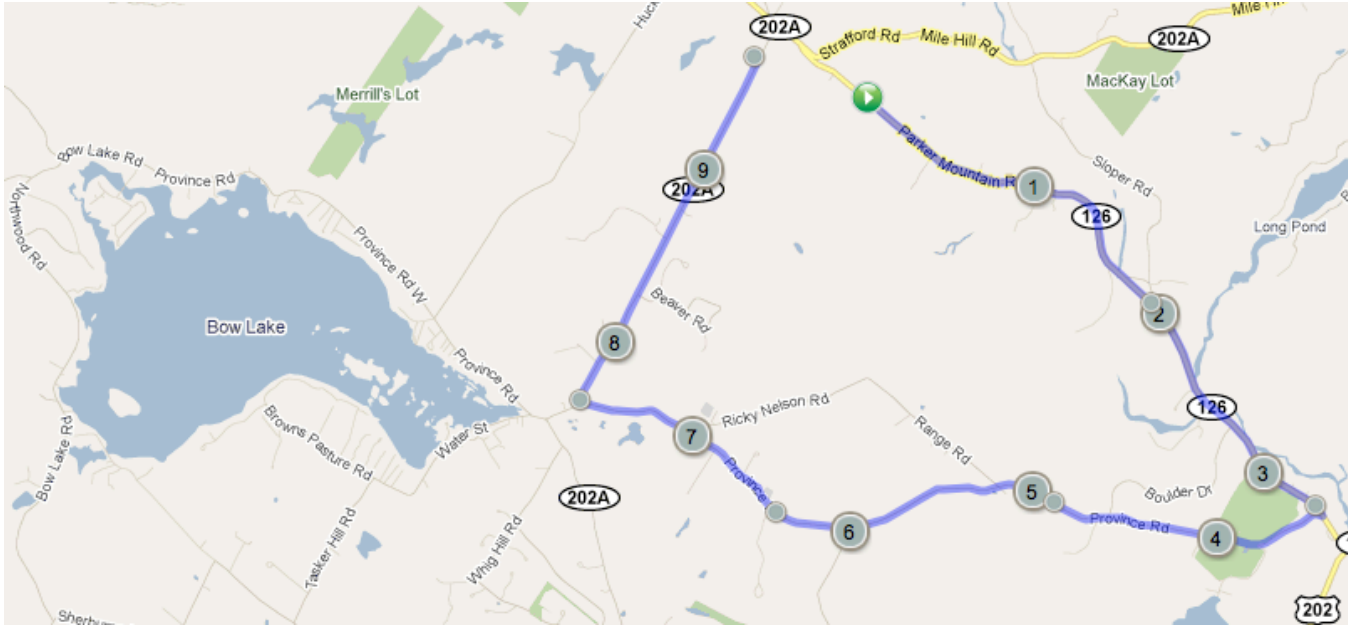
**TAYLOR SMITH
TBT7@UNH.EDU
(978) 502-9093**

**CAT 4/5 RACE: ENTRY FEES ARE \$30 PER RIDER.
REGISTRATION DIRECTIONS FOR THE CAT 4/5 RACE
ARE THE SAME AS THOSE FOR THE COLLEGIATE RACE.
PRIZES: FOR LESS THAN 30 RIDERS \$200 (5 PLACES
DEEP), FOR MORE THAN 30 RIDERS \$300 (7 PLACES
DEEP)**

TEAM TIME TRIAL

9.63 MILE COURSE

\$20 PER TEAM



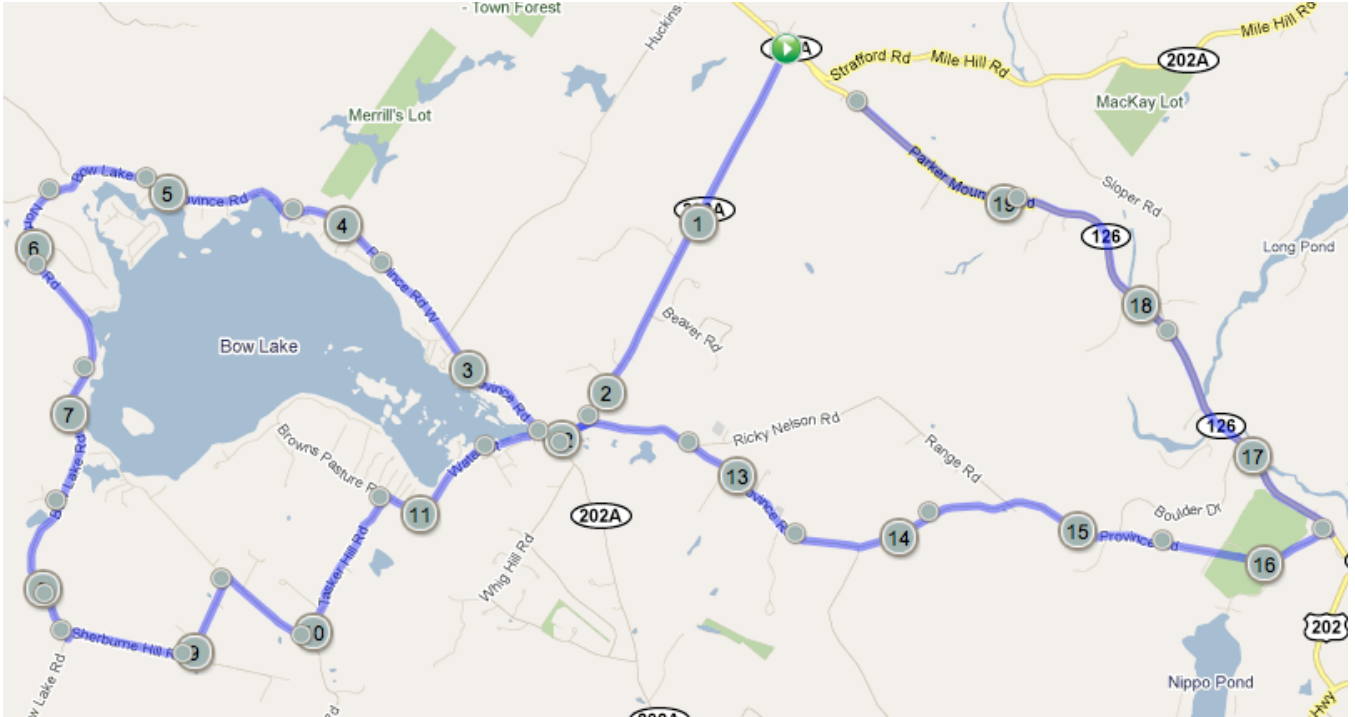
The Time Trial course starts on a long down hill, with a sharp right turn uphill past the golf course. The rolling hills continue to the finish in front of the school. Riders must respect the yellow line rule throughout the entire loop.

TTT	9.63 miles
8:00	Men D
To Follow	Women C
	Men Intro
	Women Intro
	10 minute break
	Men A
	Men B
	Men C
	Women A
	Women B

ROAD RACE

19.91 MILES

\$15 PER RACER



Road Race

The Road race course is a 19.91 mile loop with a start at the top of a hill next to an elementary school. The course runs counter-clockwise around Bow Lake, and then over to a golf course in a figure eight pattern. This course combines steep climbs, gradual hills as well as several flat sections. Riders must respect the yellow line rule throughout the entire course.

**Intro racers will meet at the staging area 30 minutes prior to the start of their race for an off-course clinic.

9:30	Men C	2 laps/ 39.82 miles
9:40	Men D	2 laps/ 39.82 miles
9:50	Women C	2 laps/ 39.82 miles
9:55	Men Intro	1/2 lap/ 10 miles
10:00	Women Intro	1/2 lap/ 10 miles
BREAK		
12:00	Men A	4 laps/ 79.64 miles
12:05	Men B	3 laps/ 59.73 miles
12:10	Cat 4/5	3 laps/ 59.73 miles
12:15	Women A/B	3 laps/ 59.73 miles

DIRECTIONS

FROM 93: TAKE EXIT FOR 393, TO ROUTE 9/ 4 TO ROUTE 202, TURN LEFT ON ROLLERCOASTER RD.

PARKING WILL BE AT THE STRAFFORD SCHOOL ON ROLLERCOASTER RD.

CONTACT INFO

RACE PROMOTER:
ALLISON GEHRICH
AHD8@UNH.EDU
(410) 251-9291

CO-RACE PROMOTER:
BELLA OLEKSY
BELLAOLEKSY@GMAIL.COM
(978) 319-0933

HOTELS

NEARBY HOTELS AND MOTELS THAT ARE AVAILABLE CLOSE TO THE RACE VENUE ARE THE FOLLOWING:

- DAYS INN
481 CENTRAL AVE. DOVER, NH 03820
(603) 742-0400
[HTTP://WWW.DAYSINN.COM/DAYSINN/CONTROL/BOOKING/PROPERTY_INFO?PROPERTYID=05889](http://www.daysinn.com/daysinn/control/booking/property_info?propertyid=05889)
- HOLIDAY INN EXPRESS
2 MAIN ST. DURHAM NH 03820
(603) 868-1234
[HTTP://WWW.HIEXPRESS.COM/HOTELS/US/EN/DURHAM/DURNH/HOTELDETAIL](http://www.hiexpress.com/hotels/us/en/durham/durnh/hoteldetail)
- HAMPTON INN DOVER
9 HOTEL DRIVE, DOVER, NH 03820
(603) 516-5600
[HTTP://HAMPTONINN.HILTON.COM/EN/HP/HOTELS/INDEX.JHTML?CTYHOCN=PSMDOHX](http://hamptoninn.hilton.com/en/hp/hotels/index.jhtml?ctyhocn=PSMDOHX)

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